

Dynamics Gymnastics Changing and Toilet Facilities Policy

At the current time, Dynamics Gymnastics hires all the gymnastics facilities from schools and school community sports centres and are therefore unable to guarantee sole use of the changing and toilet facilities. Further to this, Dynamics Gymnastics is aware of the British Gymnastics recommendation that coaches must not be responsible for supervising changing and toilet facilities. With these issues considered, Dynamics Gymnastics encourages all parents/carers to bring their gymnasts to the class having been to the toilet at home and wearing their leotards/shorts etc under their outdoor clothes.

In the event, however, that a gymnast does need to use the changing and/or toilet facilities, Dynamics Gymnastics requests that parents/carers take responsibility for their gymnast at all times (including during the session time itself) adopting the following underlying safeguarding principles:

- Mobile phones must not be used in changing rooms or toilet facilities.
- Parents should only be in the changing room with their gymnast if they are of an age group where parental help is generally required to aid the changing process. British Gymnastics recognises this to typically be around the age of 7 - 8 years old and exceptions to this must be discussed and agreed with the Class Manager/Head Coach.
- No-one should enter the changing or toilet facility of the opposite gender. In the event, however, that a parent/carer needs to help a young gymnast of the opposite gender and no possible alternative arrangement can be made (e.g. using a disabled toilet) they must use the changing and toilet facility of the adult's gender rather than the child's gender.

Should a gymnast request to use the changing or toilet facility during their class time, the Class Manager or Head Coach will monitor them leaving and returning to the gym. Accordingly, in the event that a gymnast needs help with personal care, the parent/carer must remain accessible during the class time in order to be available to assist the gymnast as necessary.

On the basis that a written policy cannot possibly account for all potential situations, in the unexpected event that a gymnast or gymnasts need supervising in the changing or toilet facilities, adult coaches will work in pairs where at all possible.

It is imperative that breaches of this policy are brought to the attention of the Class Manager or Head Coach (or Welfare Officer in the event of serious concerns or incidents) as, by nature of the policy, Dynamics Gymnastics Managers are unable to subject it to the usual termly policy implementation monitoring procedures.

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