

## **Introduction to Dynamics Gymnastics Policies and Procedures**

Dynamics Gymnastics classes are designed to encourage young people to become physically active and to develop the fundamental movement skills they need whether they choose to take part in further gymnastics, other sports or generally pursue an active lifestyle. Dynamics gymnasts will be introduced to the foundations for gymnastics skills with an emphasis on the acquisition of key body shapes and development of basic gymnastic skills in a fun, enjoyable, educational and challenging environment. The British Gymnastics Proficiency Award Scheme and follow on Dynamics Gymnastics Award Scheme provide a structure for this learning.

Dynamics Gymnastics regards the welfare of all members and employees to be of paramount importance. To this end, it is Dynamics Gymnastics policy to ensure, so far as is reasonably practicable, that procedures are in place to maintain a safe and healthy environment. Due to the complex nature of the sport, there are clearly inherent risks in gymnastics activities. These risks, however, can be controlled and minimised by adherence to best practice. This policy document sets out good practice principles that will help reduce the risks associated with participation and coaching.

### **GUIDANCE & LEGISLATION**

The Dynamics Gymnastics policy document reflects the relevant best practice guidance and legislation as outlined in:

- British Gymnastics Health, Safety and Welfare Policy
- British Gymnastics Safeguarding and Protecting Children Policy
- British Gymnastics Equality Policy
- British Gymnastics Disability Participation Policy Statement
- British Gymnastics Managing Challenging Behaviour guidelines
- Additional British Gymnastics material e.g. coach education resources, audit formats etc
- Sport England Clubmark Folder
- Sport England Running Sports website
- Health and Safety at Work Act 1974
- KIDSCAPE Anti-Bullying Policy

### **POLICY REVIEW PROCEDURES**

The Dynamics Gymnastics policies outlined in this document are regularly monitored and a full policy review takes place tri-annually or as soon as possible following the publication of each updated relevant British Gymnastics Policy. Any changes in legislation as indicated by British Gymnastics or a procedural review as a result of a significant case may also evoke policy review.

### **POLICY IMPLEMENTATION MONITORING PROCEDURES**

The Dynamics Gymnastics policies are subject to a monitoring procedure in order to check they are being implemented in practice and to identify and action any gaps in practice. Policies related to practices within the gym are audited by a Dynamics Gymnastics manager via a spot check on a minimum of a once termly basis and policies related to paperwork practices are audited by a Dynamics Gymnastics manager via an annual spot check.

### **INSURANCE**

Membership of and employment with Dynamics Gymnastics incorporates a comprehensive insurance cover including Employers and Public Liability and all registered members and coaches are provided with Personal Accident Cover through Sports Cover via Warwick Davis Insurance Innovation.

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